

24-hour Information

1-800-ACS-2345

Trained cancer information specialists are available 24 hours a day, seven days a week to answer questions about cancer, link callers with resources in their communities, and give information on local events. This unique service provides needed information and support through the warmth of a live phone call. Spanish-speaking information specialists are available, and callers who speak languages other than English or Spanish can also be assisted.

www.cancer.org

This user-friendly site includes a cancer resource center with in-depth information on every major type of cancer, as well as an email service to answer your cancer questions. Visitors can order Society publications, read articles on the latest cancer news, and find other helpful cancer resources in their area. The site also includes a directory of medical resources and tools for managing day to day tasks and keeping track of appointments. Select content is available in Spanish.

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

No matter who you are, we can help. Contact us anytime, day or night, for information and support.

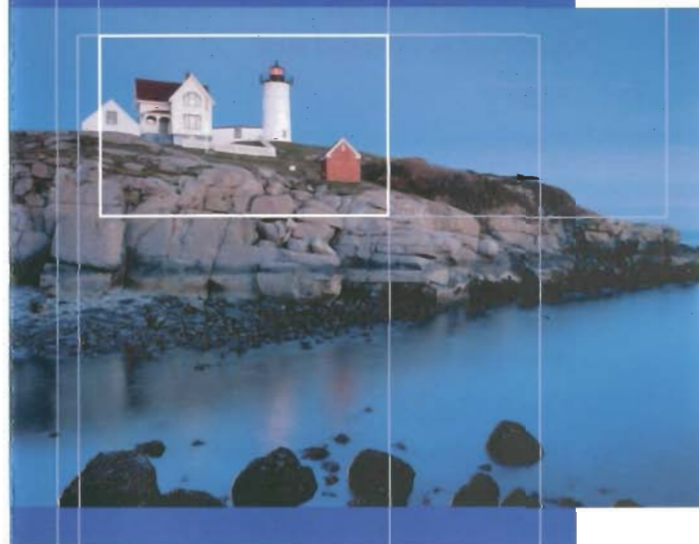


1.800.ACS.2345
www.cancer.org

Hope. Progress. Answers.®



Where to Turn



*For Support Through
Your Cancer Journey*



The American Cancer Society is here to help you in your fight with cancer. Listed here are just a few of our many information services and support programs available in communities across the country = completely free of charge. Call us at 1-800-ACS-2345 or visit www.cancer.org to find out about specific programs in your area.





Personal Support

Cancer Survivors Network®

Created by and for cancer survivors and their families, this “virtual” community is a welcoming, safe place for people to find hope and inspiration from others who have “been there.” Services include pre-recorded discussions and personal stories of people with cancer and their loved ones, discussion boards, chat rooms, private and secure CSN email, personal Web pages, an Expression Gallery, and more – available online at www.cancer.org.

I Can Cope®

Adult cancer patients and their loved ones learn ways to navigate the cancer experience while building their knowledge and coping skills. In these educational classes, doctors and other health care professionals provide information, encouragement, and practical tips in a supportive environment.

Hope Lodge®

This home-like environment provides free, temporary sleeping accommodations for cancer patients undergoing treatment and their family members. It makes the cancer treatment process a little easier by providing a supportive environment and lifting the financial burden of an extended stay.

“tlc”®

A magazine and catalog in one, “tlc” supports women dealing with hair loss and other physical effects of cancer treatment. The magalog offers a wide variety of affordable products, such as wigs, hats, and prostheses, through the privacy and convenience of mail order.

Look Good...Feel Better®

Through this service, women in active cancer treatment learn techniques to restore their self-image and cope with appearance-related side effects. Certified beauty professionals provide tips on makeup, skin care, nail care, and head coverings. This program is a partnership among the American Cancer Society, the Cosmetic, Toiletry, and Fragrance Association Foundation, and the National Cosmetology Association.



Road to RecoverySM

This service assists cancer patients and their families with transportation to and from treatment facilities. Volunteer drivers donate their time and resources to take patients to treatment appointments and return them to their homes.

Reach to Recovery®

Breast cancer survivors provide one-on-one support and information to help individuals cope with breast cancer. Specially trained survivors serve as volunteers, responding in person or by phone to the concerns of people facing breast cancer diagnosis, treatment, recurrence, or recovery.



Man to Man®

This comfortable, community-based setting for discussion and education provides men facing prostate cancer with support individually or in groups. Man to Man also offers men the opportunity to educate their communities about prostate cancer and advocate with lawmakers for stronger research and treatment policies.

Note: Not all programs listed are available everywhere. Check with your American Cancer Society for services in your area.

Giving Back

When you're ready, the American Cancer Society has many ways you can help others fight cancer.



- **Volunteer** – Help out at events, reach out with support to others, or assist Society staff. Opportunities vary by location.
- **Advocate** – Make your voice heard on Capitol Hill and in the halls of your local and state legislature. Grassroots advocacy opportunities include letter writing and special events.
- **Donate** – Whether you are interested in making a direct gift online or by phone, a planned contribution in your will, or a donation to support a fundraising event, you will find it simple and convenient to support the Society's mission.

*You can make a difference.
Contact us to find out how.*